

# DON'T LET CATARACTS CLOUD YOUR VIEW

Does life look different lately? More **cloudy and blurry** than usual, even with glasses on? If so, you could be one of **24 million Americans** living with cataracts.<sup>1</sup>



## Fear of Missing Out (FOMO)

According to an **Alcon survey**, people with cataracts report feeling **less independent, more fearful and frustrated** about missing out on things that bring them joy, like traveling or spending time with family.<sup>2</sup>

### How Do You Overcome FOMO?

**Don't delay** cataract treatment. While fear and misinformation may be holding you back, learn the facts and **take action**.



**Nearly 70%** simply accept cataracts as a natural part of aging<sup>3</sup>

**50%** said they never realized how much they were missing in their lives until after the surgery<sup>2</sup>



**More than half** are afraid of eye surgery more than any other kind of surgical procedure<sup>3</sup>

**Almost 90% of adults** age 60+ who underwent cataract surgery said they realized that their worries about the surgery and recovery process were unfounded<sup>2</sup>



**1 in 5** think there are non-surgical treatment options for cataracts<sup>3</sup>

Surgery is the only way to correct cataracts. Nearly **4 million Americans** undergo the brief procedure each year, and many are able to quickly resume their lives<sup>4,5</sup>



**Today, there are new advancements in cataract surgery** that allow you to correct cataracts and other eye conditions at the same time, potentially **eliminating the need for distance or reading glasses**.

Talk to your doctor and learn more about your treatment options at **[www.MyCataracts.com](http://www.MyCataracts.com)**.



Cathy  
Cataracts



Andy  
Astigmatism